

Thank you for volunteering with JUST TRYAN IT. We could not produce this inspiring, impactful weekend without you!

Volunteer Schedule

Saturday, May 18, 2024

8:00 am - Set-up Begins

8:30 am - 12:00 pm - Volunteer Check-in (**ALL VOLUNTEERS SHOULD CHECK IN ON SATURDAY IF POSSIBLE**)

12:00 - Lunch for Set-up Crew

12:00 - 3:00 - Packet Pick-up

Transition Demos - **12:30, 1:30, 2:30**

Sunday, May 19 - Race Day

5:45 am - Volunteer Check-in Captains arrive

6:00 am - Race Captains arrive to help finish setting up Finish Line and Transition; needs to be done by 6:30

6:00 - 6:45 - Volunteer Check-in

6:30 am - Race Captain Meeting - mandatory

6:45 am - All Volunteer Meeting - mandatory (all volunteers); release volunteers to go meet with their Race Captains - Race Director + First Aid Captain. Transition and Bike Transport volunteers need to be at their posts right after this meeting.

7:00 - Campus opens to racers; Transition Zone opens.

7:30 - race team photos (these are racer teams)

7:45 - Transition Zone closes

8:00 - Opening Ceremony - all volunteers and racers should attend

RACE BEGINS - 8:30 am - Mini, Long, Short

11:00 - 12:00 pm - Race completion/Clean up

Volunteer Check In

Please check in on Saturday if possible. There is limited check-in time available on Sunday. Volunteers will receive a race volunteer shirt and lanyard that must be worn on Sunday. Please bring your phone and keep on your person during the race in case of emergency.

Please plan to arrive with enough time to park, check in and ready to work by the time required. We are excited for the race and we hope you are too!

Parking

Please park on the side streets and walk to the club. There is no parking at the club on race day. If you require special services or parking, please contact the race director immediately.

What to Wear

Every volunteer must wear the volunteer race t-shirt and lanyard handed out at check-in. Otherwise dress appropriately for the weather and don't forget your sunscreen.

Safety Procedures

COVID-19 Protocols

- OUR RACE IS 100% OUTSIDE.
- RACERS START IN WAVES AND ARE NATURALLY SOCIALLY DISTANCED.

Protocol for Minor Incidents:

Minor Incidents may include skinned knee, stubbed toe, fallen and shaken up from bike accident.

Volunteers should report any and all minor incidents to their Race Captain at the end of the race. Volunteers should record racer numbers and details on their index cards in their race packets. The Race Captains should log all of these incidents with the First Aid Captain at the conclusion of the race.

Protocol for Serious Incidents:

Serious Incidents may include a broken bicycle, an upset racer unable to continue racing either for emotional or physical reasons.

Volunteers should report any and all serious incidents to their Race Captain, Race Director (Marlo Wilcox) and to the First Aid Captain **immediately**. They should record racer numbers and details on their index cards in their race packets. The First Aid Captain will be engaged if necessary. All Serious Incidents should be logged with the First Aid Captain at the conclusion of the race.



Protocol for Major Incidents:

Major Incidents may include seriously hurt racers (broken bones, severe cut, head injury), accidents between racer and pedestrian or vehicle, life threatening situation.

Volunteers should call 911 immediately if in their best judgment, that is the necessary course of action. Always ensure that you are in a secure area - make sure you are safe. Immediately after hanging up with 911, volunteers should report any and all serious incidents to their Race Captain, Race Director (Marlo Wilcox) and to the First Aid Captain **immediately**. It may be important to solicit the help of other volunteers to aid in the communication while attending to the injured party. If the incident endangers the lives of other racers, the volunteer should stop the race from proceeding. The safety of the racers, volunteers, and spectators is most important. A complete report will be required at the conclusion of the incident / race.

In addition, when any incident or situation occurs that is of potential crisis, the closest JUST TRYAN IT Volunteer must take action immediately to ensure a safe environment for themselves and the racer. As quickly as possible, contact your Captain and First Aid Volunteer via text and phone call noting your Volunteer number (can be found on a colored flag in position). All Course Marshals will receive a lanyard with printed emergency instructions and important phone numbers.

Inclement Weather:

The safety of our athletes, volunteers, and spectators is our primary concern. In the event of inclement weather, the race will continue under the following circumstances:

- Lightning: The event will be postponed by 30 minutes. All racers and spectators will move to the Field House for shelter. If the lightning continues, the race will be canceled.
- Rain: The event will NOT be canceled due to rain alone. If it is determined that the bike portion of the race would be unsafe due to wet roads, then the race will be changed to a swim-run duathlon. Athletes will be informed of such a change via announcements on race day.
- Tornado warning: The race will be canceled in the event of a tornado warning.

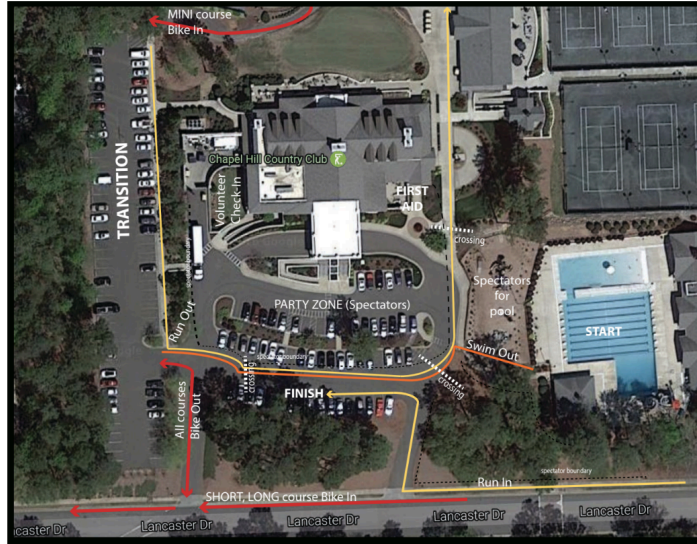
As one of our amazing volunteers, we ask that you review this document including the [Safety Procedures](#). Please free to reach out with any questions you may have. You can email the Race Director, Marlo Wilcox, at marlo.wilcox@justtryanit.org or reach out to your Race Captain.

Campus Map

 **JUST TRYAN IT**
Supporting Families Fighting Childhood Cancer

CHAPEL HILL, NC
Course Maps

SPECTATOR'S MAP • Start / Finish



Chapel Hill Country Club, 103 Lancaster Dr, Chapel Hill