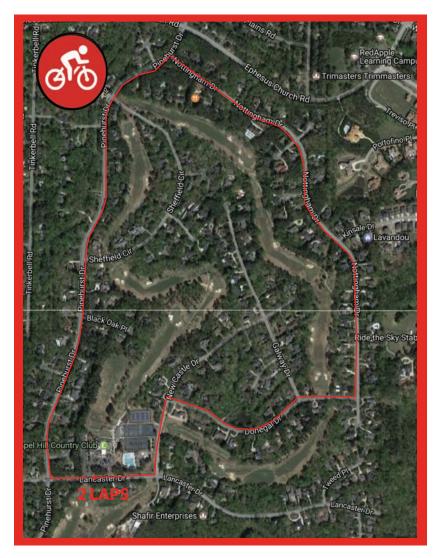
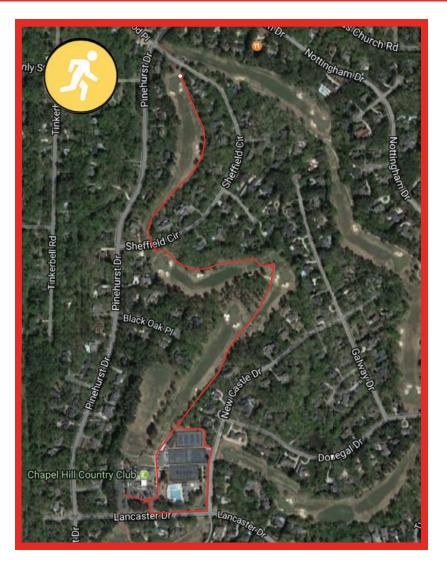






LONG COURSE • Bike and Run





LONG Bike: 5 miles

LONG Run: 2 miles