

Random Acts of Kindness **JUST TRYAN IT** Calendar

SAT	SUN	MON	TUE	WED	THU	FRI
1 Read/Tell a story to someone in your family.	2 Compliment someone	3 Pick up litter in your neighborhood	4 Make cards for kids in the hospital	5 Make someone laugh	6 Fill a bag with books to donate to the library	7 Introduce yourself to someone new
8 Make a card for a school staff member	9 Hug someone	10 Draw/Write a letter to a military member	11 Mail a postcard to a friend or family member	12 Let someone get in line ahead of you	13 Clean up your room without being asked!	14 Make a card for a teacher that helped you
15 Leave a friendly note where someone will find it	16 Thank someone for making a difference	17 Make a coupon book to give at the holidays.	18 Clean up a mess you didn't make	19 Hold the door for someone	20 Fill a bag with clothes to donate	21 Share something with someone else
22 Write/Draw a message with chalk on a sidewalk	23 Smile at everyone you see today	24 Draw a picture for mom or dad	25 Call a long-distance relative	26 Write thank you notes for your gifts	27 Tell someone all the reasons you like them	28 Tell a stranger to have a nice day
29 Help make dinner	30 Do a chore for someone else	31 Make a list of things you're thankful for				